

SLOVAK UNIVERSITY OF AGRICULTURE IN NITRA

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PHYSIOLOGY OF NUTRITION

(Repetitorium)

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Preface

Physiology refers to the functions of organisms at many stages of organisation. Nutrition physiology concerned with different types of food and their effects on the metabolism. It describes the gastrointestinal system with the processes of motility and secretion and explains how these functions are integrated by neural, endocrine and paracrine mechanism.

Generally, nutrition plays an important role in maintaining the overall health of individuals. This textbook describes how the body extracts the nutrients from the food, how we obtain the needed energy, how we utilize nutrients and how all this is related to health and disease.

Authors mentioned to be practical and organized this textbook into section using useful space for students to complete and finish it. Students can make their own textbook with additional information.

Authors
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